

Traditional Shellfish Hatchery Redondña / Laxe de Can

Portuguese Way along the Coast

As Loucenzas Petrol station

TORROSO MOUNTAIN BTT Route

PO-353 O ROSAL

CG-4.2 TUI-VIGO

PO-552 BAIONA -VIGO

PO-552 TUI-VIGO

PR-G 160

MUSEUM OF THE SEA Watchtower

CASTLE OF SANTA CRUZ Cross-border Fortresses Interpretation Center

SALCIDOS

PORT

SANTA TREGA MOUNTAIN

CASTRO de Sta. Trega

MASAT Archaeological Museum

CAMPOSANCOS

MIÑO RIVER Estuary

ATLANTIC OCEAN

Port access | vehicles

PO-352

PR-G 160 Miño River's Mouth Footpath

TOURISTIC MAP A GUARDA (Pontevedra)

www.turismoaguarda.es

- Settlement
- Church / Chapel
- Cruceiro (stone cross)
- Windmills
- Park
- Sport & Leisure facilities
- Bird Observatories
- Scenic overlooks
- Archaeological remains
- Beaches
- Hotel
- Apartment
- Hostel
- Pension
- Cottage
- Camping
- Parkings
- Tourist Information

* Tourist Information Office, Town Hall and Local Police.





Accommodation

- 1 ★★ **Hotel Monumento CONVENTO DE SAN BENITO**
Plaza de San Benito, s/n ☎ 986 61 11 66
www.hotelsanbenito.es
- 2 ★★ **SUPERIOR Hotel VILA DA GUARDA**
C/ Tomiño, 8 ☎ 986 61 11 21
www.hotelviladaguarda.com
- 3 ★★ **Hotel BRUSELAS**
C/ Ourense, 7 ☎ 986 61 45 21
www.hotel-bruselas.com
- 4 ★★ **Hotel CELTA**
Avda. de Galicia, 53 ☎ 986 61 04 45
www.hotelcelta.es
- 5 ★★ **Hotel ELIMAR**
C/ Vicente Sobrino, 12 ☎ 986 61 30 00
www.eli-marhotel.com
- 6 ★★ **Hotel EL MOLINO**
Playa O Muíño, s/n ☎ 986 62 72 33
www.hoteleselmolino.com
- 7 ★★ **Hotel NOVO MUÍÑO**
Playa O Muíño, s/n ☎ 986 62 72 79
www.hoteleselmolino.com
- 8 ★★ **Aparthotel MAROUÇO**
C/ Marouco, 6 – O Castro
☎ 986 60 91 38
www.aparthotelmaraouco.com
- 7 🏠 **Apartamentos EL MOLINO**
Playa O Muíño, s/n ☎ 986 62 72 33
www.hoteleselmolino.com
- 9 🏠 **Apartamentos BLANCO Y NEGRO**
Plaza Buxán-Lada, 2 (Salcidos)
☎ 986610501 - 630158962
www.apartamentosblancoynegro.com
- 10 **Pensión HOSTAL DEL MAR**
Playa de Area Grande, s/n
☎ 986 61 06 38 / 646 24 02 75
- 11 **Albergue O PEIRAO** 2ª categoría
C/ Oliva, 43 ☎ 682 190 102
- 12 **Casa de Aldea LEIRA BRAULIA** Grupo B
Outeiro, 39. Camposancos ☎ 649 91 66 10
www.casaleirabraulia.com
- 13 **Camping SANTA TECLA** 1ª Categoría
Xunqueira, 90 (Salcidos) ☎ 986 61 30 11
www.campingsantatecla.es

A Guarda Council	986 61 00 00
Local Police	986 61 00 25
A Guarda Emergencies	986 61 19 19
Guardia Civil (Police)	986 61 04 52
Health Centre	986 61 16 16
Emergencies (A&E)	061
Taxi Station	986 61 08 08
Buses & Coaches	646 34 92 24
Cultural Centre	986 61 18 50
MASAT, Archaeological Museum of Santa Trega	986 61 05 04
Municipal Swimming Pool	986 61 14 12
Pilgrim's Hostel (Albergue)	619 25 80 75

Tourist Office 986 614 546
turismo@aguarda.es

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SANTA TREGA MOUNTAIN

Artistic Historic Monument and BIC (Cultural Interest Asset, declaration for the protected historic heritage in Spain)

1 **GALAICO-ROMAN VILLAGE** is one of the most significant examples of the Castrexo Culture of the Northwest Iberian peninsula. Of an early era stand out the petroglyphs (rock carvings).

MASAT, Archaeological Museum of Santa Trega located at the top of the mountain. It keeps the remains found in the numerous excavation campaigns and displays two different collections: Castrexo and Roman. The museum is closed on Mondays.

HERMITAGE OF SANTA TREGA 12th century building with later renovations. Interesting cruceiro (stone cross) with San Francisco figure.

Highlight the cultural richness of the Mountain renowned as Artistic Historic Monument and BIC. The breathtaking scenic views from the two peaks of the Mountain looking at the Miño river estuary and mouth, A Guarda municipality with its colorfully seafarer houses, neighbouring Portugal and the immensity of the Atlantic ocean. The marked footpaths network **PR-G 122 Camiños do Trega** (Footpaths of the Trega) allows to discover the environment in detail.



Part of the gold necklace MASAT

URBAN CENTER

3 **INDIANOS' HOUSES ROUTE** shows part of the colonial buildings located in the downtown. These dwellings were built in the second half of the 19th century and early 20th by some returned emigrants of A Guarda from Puerto Rico, Dominican Republic and Brazil. They are showy buildings that adopted the most significant architectural structures of the american country.

4 **CULTURAL CENTER** the greatest example of Indianos' Architecture. Built in 1921 thanks to the collaboration of returned emigrants and destined to be a hospital and shelter. After the 1990 refurbish became the current Cultural Center. It housed the Municipal Library, a exhibitions hall and an events room.

COMMERCIAL AREA Its streets inviting to walk them around and meet the wide and interesting range of shops. On the way down to the fishing port we find the Plaza de Abastos (Market), offering fresh and quality products in the mornings (except Sundays). Those who enjoy shopping, have the weekly market (Saturday morning) in Alameda.

OLD TOWN

In the fishing port is placed the **Convent of the Benedictines** 5, by a steep staircase we get **Colón street** 6, this ancient street with medieval origins which links the port and the old town. Part of the ancient Medieval Wall is preserved in **Muro** 7 street and **Ireira** street. In the **Praza do Reló** 8 (Clock Square) is located the **Council (Local Police and Tourist Information Office)**, the **Alonsos' House** and the **Torre do Reló** (Clock Tower), ancient medieval tower. Furthermore can be enjoyed some examples of Indianos' Houses can be seen. In short distance is located the **Parish Church of Saint Mary** 9.

FISHING PORT

10 **THE PORT** stands out as a lively meeting point with varied attractions: promenades, parks, museum and small urban beaches. Without forgetting that preserves its **fishing character**. The south dock is the place from where the fishermen's daily work preparing their rigging and the boats can be observed, and also their exit and arrival to the seaport. We can attend the seafood and fish sale in the **fish market** too.

12 **MUSEUM OF THE SEA (WATCHTOWER)** at the end of the promenade is located the round fortress rebuilt in 1997, the original one dated in 17th century. Housed the **Museum of the Sea** with an ethnographic seafarer exhibition and an important malacological collection (seashells). The Museum is opened the weekends and holidays.

Standing out at the port the panoramic view offered by the colorfully and narrow seafarer houses, the monuments dedicated to the fishermen and their life & work and the Malteses street 11, the most representative seafaring lane with the tight houses that connected straight away with the sea by their patio.

NATURAL SPACES

2 **MIÑO RIVER ESTUARY** is one of the most important wetlands in the Iberian peninsula due to ecological and natural values. It is protected as Special Protection Area for Birds (SPA) and is part of the Natura 2000 Network. **The Birdwatching Route** goes along the estuary and part of atlantic coastal, with bird observatories and informative panels.

BEACHES sea beaches as **Area Grande**, **Fedorento** and **O Carreiro**. They are small beaches standing out by its idiosyncratic oceanic waters. The river beaches along the last two kilometres of the river delta: **O Codesal**, **A Armona**, **A Lamiña** and **O Muíño**. They are bounded by a pine wood providing a pleasant ambience with picnic & leisure areas.

HIKING TRAILS they allow to know A guarda and its surroundings: **PR-G160 Ruta da Desembocadura do Miño** (Miño river Mouth Path) runs along the bank of the river and part of the Atlantic coastal, this route continues along the sealine by the **Senda Litoral** (Littoral Pathway), from O Muíño beach until the fishing port. And towards north going on the coastline connects with the **Cetareas Route**. Santa Trega Mountain has the **PR-G122 Camiños do Trega** (Footpaths of Trega). **The Blue Path** links the beaches distinguished with the Blue Flag, Area Grande & O Muíño, by a 5.6 kilometres tour.

CASTLE OF SANTA CRUZ

Bien de Interés Cultural (Cultural Interest Asset, declaration for the protected historic heritage in Spain)

13 Is part of the strongholds system built during the Portuguese Restoration War in the last stretch of the Miño river. This fortress with an irregular polygon plant and four bastions was declared Bien de Interés Cultural. The walled was restored and can be visited as public space all of the week. Inside is placed the **Cross-border Fortresses Interpretation Center** (opened on weekends and holidays) that displays an exhibition of the defense structures built in the 17th century.

CROSS THE MOUTH OF THE MIÑO RIVER

Check the options to cross the Miño at <https://www.turismoaguarda.es/en/como-llegar-en-barco/> or on phone: 986 61 45 46

BUS SERVICE BETWEEN A GUARDA AND VIGO LUGOVE is the buses company that connects A Guarda with Vigo, either by the coast road (towards Oia and Baiona) or by the inland towards Tui with a higher frequency. The timetables are different depending if you're travelling a working day, Saturday, Sunday or holiday. Besides are also different in summer or winter season. www.lugove.gal